



Help Your Child Learn  
at  
**Stafford Manor High School**

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## Section 1: Exam Timetable:

10 <sup>th</sup> Feb – 14 <sup>th</sup> Feb	Session 1: P1-2		Session 2: P3-4		Session 3: P5	
	Exam:	Additional	Exam:	Additional	Exam:	Additional
Mon 10 <sup>th</sup> Feb	English Language	09:30-11:15			Business	13:30-15:15
Tues 11 <sup>th</sup> Feb	Maths	09:45-11:15			Geography	13:45-15:15
Wed 12 <sup>st</sup> Feb	Biology 09:15 – 10:25	Sep Biology 09:15 – 11:00			PE Media	13:45-15:15 <i>Non audio</i>
Thurs 13 <sup>th</sup> Feb			History 1	11:30 – 13:15		
Fri 14 <sup>th</sup> Feb	Chemistry 09:15 – 10:25	Sep Chemistry 09:15 – 11:00			French Writing	H: 14:00-15:15 F: 14:00-15:00

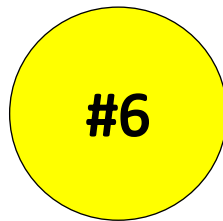
24 <sup>th</sup> Feb – 28 <sup>th</sup> Feb	Session 1: P1-2		Session 2: P3-4		Session 3: P5	
	Exam:	Additional	Exam:	Additional	Exam:	Additional
Mon 24 <sup>th</sup> Feb	Textiles and Art (All day)					
Tues 25 <sup>th</sup> Feb	History 2	09:30 – 11:15				
Wed 26 <sup>th</sup> Feb	English Literature	09:00-11:15				
Thurs 27 <sup>th</sup> Feb	DT Business	09:15-11:15 09:15-11:00	Maths	12:00-13:30		
Fri 28 <sup>th</sup> Feb						

Early Lunch needed for Y10 RE

3 <sup>rd</sup> – 7 <sup>th</sup> Mar	Session 1: P1-2		Session 2: P3-4		Session 3: P5	
	Exam:	Additional	Exam:	Additional	Exam:	Additional
Mon 3 <sup>rd</sup> Mar	ICT	09:45 – 11:15			History 3	14:15-15:15
Tues 4 <sup>th</sup> Mar	Maths	09:45-11:15	French Speaking		Media (Audio)	13:45-15:15
Wed 5 <sup>th</sup> Mar	Physics 09:15 – 10:25	Sep Physics 09:15 – 11:00	French Speaking			

## Section 2. Expectations

We have a very simple list of 6 things that we expect our GCSE students to achieve in order to be successful. We call this, being #6. It is a simple way for them to stay focussed on what really matters this year.



### **#1: Turn up (attendance is above 95%)**

If they are not in school they are not receiving the information needed to pass their GCSE course. Remember, although 95% looks like good attendance, over the whole year that adds up to 2 weeks missed.

**GET THEM TO SCHOOL EVERY DAY, ON TIME...**

Well, my child's got a 95% attendance record – that seems pretty good to me!

**Think again....**

95% Attendance = **Half a day** of lessons missed every two weeks.

95% Attendance = **Two weeks** of lessons missed each year.

This is the equivalent of almost a **whole years' lessons** for one GCSE subject!

**...BECAUSE EVERY LESSON COUNTS!**

**A GCSE in 19 days?**

They may think they've got forever BUT look at how much time they typically have over the two years...

<b>Citizenship</b>	<b>19 days</b>	(3 x 1 hour lessons a fortnight)
<b>French</b>	<b>32 days</b>	(5 x 1 hour lessons a fortnight)
<b>Maths</b>	<b>50 days</b>	(8 x 1 hour lessons a fortnight)

They will cover most topics **only once** in these hours – learning first time around is the key to successful revision and exam results!

## ***#2: Work Hard in class (A2L above 3+)***

We measure their attitude 2 Learning score from 1-4. With 1 being 'unacceptable' and 4 being 'great'. It goes without saying that students should be striving for 4's in every subject. If it drops below 3.5, then we are concerned that their student is 'coasting'. If it goes below 3, then we have major concerns about their attitude towards their studies.

How can you help?

- Help your child organise a work area at home
- Talk about yours and their expectations
- Agree regular 'check ins' with them to see how they are doing
- If you have any concerns, contact the school. Teachers really appreciate supportive parents.
- Encourage and praise them

## ***#3: Complete your homework (Homework grade 3+)***

As mentioned earlier, homework is a vital part of a student's success. If they are not completing it, we will be letting you know.

How can you help?

- Make sure they have a quiet place to do their studying
- Students should not have their phone near them when working. It is a distraction.
- Provide help where you can or support them in finding out things you both are unsure of.
- Use show my homework to track what homework they have

## #4: Revise at home

With the current circumstances, we are not able to offer revision after school at the moment. We would recommend that you are revising at home using the revision material set by your teachers.

### Quick tips for revising

- Make yourself start however much you don't want to - the hardest bit is over with then!
- Build in short breaks.
- Do frequent short exercises - stretches, neck and shoulder rolls, walking around etc.
- Drink water and get fresh air. Keep the temperature cool.
- Eat 'brain food' - avoid sugar and have lots of healthy snacks around to eat little and often.
- Take a day off and do something completely different.
- Don't leave the difficult bits to the end.
- Do something relaxing between revising and bedtime.
- STOP and take a break if you start feeling frustrated, angry, overwhelmed. Make a note of the problem to take to your next lesson, and move on to something else.
- Focus on what you have done, not all the things that you haven't - every little helps.
- Promise yourself little rewards after each session - a favourite TV programme, reading a trashy novel or going out with friends.
- At the end of each session, file away your notes and clutter so that your work-area is clear for the next session.

As soon as we can, we will have everyone back in for revision sessions to help to prepare them for the exams in Summer.

## ***#5: Complete your coursework***

Some subjects have a coursework or project module. It is vital that our student's keep to deadlines set by their teachers. If it is left too late, then work can pile up and make things extremely stressful. Especially towards the end of the year.

## ***#6: Punctuality (Lates)***

If a student is late, it means they not only miss vital instruction, but it also suggests a casual attitude towards their learning. We need our students focussed and ready to learn. If a student is late to, or misses an assembly, they will be set an after-school detention.

How can you help?

- Make sure they are up in good time
- A good healthy breakfast to start they day
- An alarm clock if they are oversleeping

### Section 3: School holiday revision expectations

During the school holidays, the teachers will set GCSE student's extra homework in order that they don't go backwards over extended periods.

We know students in other schools are doing this, and our students grades depend on how well they do compared to all other students.

The work set will be relevant to their exams, and topics that we know they need more work on. (See revision timetable)

### Section 4. How to revise

What makes good revision?

- 1. Start revising early** – don't leave it to the last minute!
- 2. Don't spend ages making your notes look pretty** - it will waste time you need to learn!
- 3. Make flash cards!** - condense the main things you need to know onto card. Question on the front. Answers on the back. Quiz yourself every day until you know it all!
- 4. Take short breaks every hour**
- 5. Use revision guides** to focus your learning.
- 6. Stick revision notes all around your house**
- 7. Get set up before you start** – all the notes, drinks, food, etc... that you'll need so you don't get distracted.
- 8. Sit at a proper desk** if you can.
- 9. Don't put it off** – it will add to stress levels!
- 10. Don't just read your notes** - you have to WRITE IT DOWN!
- 11. Do lots of practice exam papers / questions**
- 12. Read the exam timetable properly** – make sure you're preparing for the correct exam!





Day	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00
Sat 8 <sup>th</sup> Feb												
Sun 9 <sup>th</sup> Feb												

Day	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00
Mon 10 <sup>th</sup> Feb									
Tue 11 <sup>th</sup> Feb									
Wed 12 <sup>th</sup> Feb									
Thu 13 <sup>th</sup> Feb									
Fri 14 <sup>th</sup> Feb									

Day	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00
Sat 15 <sup>th</sup> Feb												
Sun 16 <sup>th</sup> Feb												
Mon 17 <sup>th</sup> Feb												
Tue 18 <sup>th</sup> Feb												
Wed 19 <sup>th</sup> Feb												
Thu 20 <sup>th</sup> Feb												
Fri 21 <sup>st</sup> Feb												
Sat 22 <sup>nd</sup> Feb												
Sun 23 <sup>rd</sup> Feb												

Day	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00
Mon 24 <sup>th</sup> Feb									
Tue 25 <sup>th</sup> Feb									
Wed 26 <sup>th</sup> Feb									
Thu 27 <sup>th</sup> Feb									
Fri 28 <sup>th</sup> Feb									

Day	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00
Sat 1 <sup>st</sup> Mar												
Sun 2 <sup>nd</sup> Mar												

Day	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00
Mon 3 <sup>rd</sup> Mar									
Tue 4 <sup>th</sup> Mar									

Half Term (per day):				Term time:		
Bronze Day = 2 hours	Silver Day = 3 hours	Gold Day = 4 Hours		Bronze Day = 30 mins	Silver Day = 1 hour	Gold Day = 1.5 Hours
Try to aim for 25 hours of revision between now and the PPE's. This can be made up of bronze days, silver days, gold days and rest days.						

## Section 5: Careers



## Future Pathways - Next Steps

By now you should have considered your next steps after the completing your GCSE's. It can be a difficult time, making sense of all of the different qualifications, such as A-levels; T-level's; BTEC; Apprenticeships and work-based learning. Deciding on best course (or courses) can be stressful.

Some of you may have a clear idea about what you want to do, whilst some of you may be unsure. Both of these are perfectly normal.

The best way forward is to talk to your parents/carers and teachers so you can understand your choices. Listen to all options and attend open events at different colleges, sixth forms and training providers.

All Year 11 students will get a careers interview with our Careers Advisor, these meetings have started. Hopefully this meeting will help you think more clearly about your possible options.

What grade will I need?

**A-Level and Level 3 Courses:** A minimum of five GCSEs at Grade 4 or above, which must include English Language and Maths. Some subject areas will request higher.

**Level 2 Courses:** A minimum of four GCSEs at grade 3 or above.