



Subject: Health and Social Care (Pearson BTEC Level 1/ Level 2 Tech Award in Health and Social Care)

Curriculum Intent Statement

Health and social care is one of the fastest growing sectors in the UK with demand for both health and social care employees continuously rising. Approximately 3 million people are currently employed in the sector and it is estimated that by 2032 approximately 2.17 million health and social care job vacancies will need to be filled.

Teaching should equip students with subject specific knowledge through vocational contexts by studying human lifespan development, health and social care services and values, and health and wellbeing.

Upon the selection of the Level 1/2 Tech Award in Health and Social Care, students will begin by exploring the human life stages and key characteristics in the physical, intellectual, emotional and social development classifications and the different factors that affect an individual's growth and development. Students will also understand different life events, how they can affect individuals and supported through them. As they approach them end of Year 10 and enter Year 11, students will become aware of health and social care conditions, how they are managed by the individual and the different health and social care services that are available. This will support them to understand the skills, attributes and values required to provide care that will benefit children, young people and adults.

KS4

Year 10

Term	Curriculum coverage	Home learning
Autumn term 1	<p>Component 1: Human Lifespan Development Explore the difference aspects of growth and development across the life stages using the physical, intellectual, emotional and social (PIES) classification.</p> <ul style="list-style-type: none"> • Infancy (birth to 2 years) • Early Childhood (3 -8 years) • Adolescence (9-18 years) • Early Adulthood (19-45 years) • Middle Adulthood (46-65 years) • Later Adulthood (64+ years) 	<p>Lifespan development: https://courses.lumenlearning.com/suny-lifespandevlopment2/chapter/periods-of-development/</p> <p>Nutrition and Life Stages: https://www.nutrition.org.uk/life-stages/</p> <p>Human lifespan development - Life stages and P.I.E.S https://www.youtube.com/watch?v=fxrTCveqPYE</p>
Autumn term 2	<p>Component 1: Human Lifespan Development Explore the different factors that can affect an individual's growth and development, factors include:</p> <ul style="list-style-type: none"> • Physical factors • Lifestyle factors • Emotional factors • Social factors • Cultural factors • Environmental factors • Economic factors 	
Spring term 1	<p>Component 1: Human Lifespan Development Explore life events that occur in an individual's life and how they can impact people's PIES development</p> <ul style="list-style-type: none"> • Health and wellbeing • Relationship changes 	



	<ul style="list-style-type: none"> Life circumstances <p>Explore how individuals can adapt or be supported through changes cause by life events. Factors that impact how someone copes with life events include:</p> <ul style="list-style-type: none"> Character traits Sources of support Types of support 	
Spring term 2	<p>Component 1: Human Lifespan Development</p> <p>Completion of Pearson-set Assignment</p>	
Summer term 1	<p>Component 2: Health and Social Care Services and Values</p> <p>Explore a range of healthcare conditions and how they can be managed by the individuals and healthcare services</p> <ul style="list-style-type: none"> Arthritis Cardiovascular conditions Diabetes (Type 2) Dementia Obesity Respiratory conditions Additional needs <p>Healthcare services</p> <ul style="list-style-type: none"> Primary care Secondary care Tertiary care Allied health professionals Multidisciplinary team working <p>Explore a range of social care needs and how these can be met by the social care services that are available.</p> <ul style="list-style-type: none"> Social care Social care services (children, young people, adults and children with specific needs and services for older adults) Informal care Voluntary care 	<p>Health and Social Care Values: http://www.scie.org.uk/workforce/inductionnorthernireland/principlesofcare/values.asp</p> <p>Practical tips for caring for someone: https://www.nhs.uk/conditions/social-care-and-support-guide/practical-tips-if-you-care-for-someone/</p> <p>Department for Health and Social Care: https://www.gov.uk/government/organisations/department-of-health-and-social-care</p> <p>NHS: https://www.nhs.uk/conditions/social-care-and-support-guide/</p>
Summer term 2	<p>Component 2: Health and Social Care Services and Values</p> <p>Explore barriers that can make it difficult to use these services and suggest how these barriers can be overcome</p> <ul style="list-style-type: none"> Physical barriers Barriers to people with sensory disability Barriers to people with different social and cultural backgrounds English as an additional language Geographical barriers Barriers for people with learning disabilities Financial barriers 	



Term	Curriculum coverage	
Autumn term 1	<p>Component 2: Health and Social Care Services and Values Skills, attributes and values required in health and social care</p> <ul style="list-style-type: none"> • Skills: problem solving, observation, dealing with difficult situations, organisation • Attributes: Empathy, patience, trustworthiness, honesty • Values: Care, compassion, competence, communication, courage, commitment <p>Personal obstacles that individuals requiring and receiving care may face:</p> <ul style="list-style-type: none"> • Emotional/psychological • Time constraints • Availability of resources • Unachievable targets • Lack of support <p>The benefits to individuals if skills, attributes and values are used.</p>	<p>Health and Social Care Values: http://www.scie.org.uk/workforce/inductionnorthernireland/principlesofcare/values.asp</p> <p>Practical tips for caring for someone: https://www.nhs.uk/conditions/social-care-and-support-guide/practical-tips-if-you-care-for-someone/</p> <p>Department for Health and Social Care: https://www.gov.uk/government/organisations/department-of-health-and-social-care</p> <p>NHS: https://www.nhs.uk/conditions/social-care-and-support-guide/</p>
Autumn term 2	<p>Component 2: Health and Social Care Services and Values Completion of Pearson-set Assignment</p>	
Spring term 1	<p>Component 3: Health and Wellbeing Factors affecting health and wellbeing</p> <ul style="list-style-type: none"> • Physical factors • Lifestyle factors • Social factors • Cultural factors • Economic factors • Environmental factors • Life events 	<p>Alcohol: https://www.nhs.uk/live-well/alcohol-support/</p> <p>Exercise: https://www.mayoclinic.org/healthy-lifestyle/fitness/in-depth/exercise/art-20048389</p> <p>SMART goals: https://www.smartsheet.com/blog/essential-guide-writing-smart-goals</p>
Spring term 2	<p>Component 3: Health and Wellbeing Interpreting health indicators</p> <ul style="list-style-type: none"> • Physiological indicators (heart rate, blood pressure, BMI) • Lifestyle indicators (Nutrition, physical activity, smoking, alcohol, substance misuse) <p>Person Centred approach</p> <ul style="list-style-type: none"> • How to demonstrate person centred approach • The importance of demonstrating person centred approach • The benefits of demonstrating person centred approach <p>Recommendations and actions that are aimed at improving health and wellbeing</p>	
Summer term 1	<p>Targeted Revision</p> <p>Exam (Early May)</p>	
Summer term 2		

Stafford Manor
High School

